


CRISIS TEXT LINE | GET HELP VOLUNTEER LEARN SHARE DONATE EN ESPAÑOL Q Text Us

Giving Time



Take a look at our progress as we rally 2,022 new volunteer Crisis Counselors by 2022!

0 20% 40% 60% 80% 100%

[Give Time Today!](#)

The holiday season is just around the corner and what better way to give back than to #GiveTime? Join the movement at Crisis Text Line and help us bring empathy and kindness to communities across the country.

The world is in a mental health crisis. And, you have everything you need to join our movement to address this crisis head on; you have **empathy**. That's why we're asking you for a few hours each week. That's it! We'll train you so you can become a volunteer Crisis Counselor.

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[HERO IMAGE]

[BUTTON] – Give Time Today! --

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We're rallying 2,022 people through the end of the year to join our movement to build an empathetic world where nobody feels alone. Join us to reach this goal together and bring kindness and empathy to our community.

Already a volunteer Crisis Counselor? You can support this work this holiday season by hopping on the [Platform](#) to show some empathy to people in need. Historically, we've seen an increase in texters during the holidays. Your time can go the extra mile during this season.

[BUTTON] – Help Us Reach Our Goal! –